



PROJECT: GET IT DONE TOGETHER

Apple Mini Fruit Pizzas

Adult Supervision Req | Gluten free, dairy free, contains nuts

Ingredients:

- 1 apple, slices cross wise into 8 slices (1/4 inch thick), seeds removed
- 8 tablespoons almond butter
- 8 tablespoons mini chocolate chips
- 4 teaspoons chopped salted roasted pistachios
- 4 teaspoons honey

Instructions:

1. Spread each apple slice with 1 tablespoon almond butter.
2. Top with 1 tablespoon chocolate chips, 1/2 teaspoon pistachios and 1/2 teaspoon honey.

Makes 8 servings

Total time: 10 minutes

Nutrition facts per serving:

1 mini Fruit Pizza, 179.9 calories; protein 4.2g 8% DV; carbohydrates 16.3g 5% DV; exchange other carbs 1; dietary fiber 3g 12% DV; sugars 12.2g; fat 12.8g 20% DV; saturated fat 3g 15% DV; vitamin a iu 15.9IU; vitamin c 1.1mg 2% DV; folate 11.3mcg 3% DV; calcium 61.9mg 6% DV; iron 1mg 6% DV; magnesium 59.7mg 21% DV; potassium 198.2mg 6% DV; sodium 43.4mg 2% DV; thiaminmg 3% DV; added sugar 9g.