



# PROJECT: GET IT DONE TOGETHER

## Two Minute Scrambled Eggs & Toast

*Adult Supervision Required | Contains gluten and dairy*

### **Ingredients:**

- 2 eggs
- 2 tablespoons of milk
- 2 tablespoon shredded cheese
- Salt, pepper, and any other herbs you choose to use
- 1 slice bread of choice

### **Instructions:**

1. Coat a 12 oz. microwave safe coffee mug or other dish with cooking spray. Add eggs and milk and beat till blended.
2. Toast choice of bread in counter top toaster or toaster oven
3. Microwave on HIGH for 45 seconds; stir.
4. Microwave until eggs are almost set, 30 to 45 seconds longer.
5. Top with cheese and season with salt, pepper, and herbs.

*Makes 1 serving*

**Total time:** 3-5 minutes