



PROJECT: GET IT DONE TOGETHER

Frozen Banana Cereal Pops

Adult Supervision Required | Gluten-free and nut-free, contains dairy

Ingredients:

- 3/4 cup strawberry yogurt
- 2 cups Fruity Pebbles cereal
- 4 medium bananas, peeled and cut crosswise in half
- 8 wooden pop sticks

Instructions:

1. Place yogurt and cereal in separate shallow bowls.
2. Insert pop sticks through cut side of bananas.
3. Dip bananas in yogurt, then roll in cereal to coat.
4. Transfer to waxed paper-lined baking sheets.
5. Freeze until firm, about 1 hour.
6. Transfer to airtight freezer containers
7. Seal containers and return pops to freezer.

Makes 8 servings

Total time: 1 hour, 8 minutes (active 8 minutes)

Nutrition facts per serving:

1 pop: 106 calories, 1g fat (1g saturated fat), 1mg cholesterol, 57mg sodium, 24g carbohydrate (14g sugars, 2g fiber), 2g protein.

Source: tasteofhome.com/recipes/frozen-banana-cereal-pops