

What do you love?

Overview:

In this activity you will draw a heart and fill it up with people, places, foods, animals, or other things that you love!

- 1. Make a list of all the things you love
- 2. Choose 5 or more things that you would like to include inside your heart drawing
- 3. Draw a heart as big or as little as you'd like, making sure it's big enough to fill all the things you're including from your list
- 4. Draw or write the names of your loved things inside your heart!

