

Media Alert

For Immediate Release

March 7, 2022

Hidilyn Diaz and Bea Alonzo headline Manulife's "Filipina In Action" webinar to celebrate International Women's Month

Manila — In celebration of International Women's Month, life insurer Manulife Philippines, the local arm of global financial services group Manulife, will feature Manulife brand ambassador and Olympic gold medalist Hidilyn Diaz, and award-winning actress and entrepreneur Bea Alonzo in its upcoming webinar titled, "Filipina In Action: In Business and in Health." These successful Filipino women will share their stories and insights on how to take charge of one's life through self-empowerment and self-belief, and managing mind, body and finances well to secure a better future.

Slated for March 24, Thursday, at 3:00 pm, the webinar will be hosted by journalist and LGBTQIA+ member G3 San Diego and will also feature advice from certified life coach Carelle Mangaliag-Herrera.

"In our recent Manulife [Asia Care Survey](#), we found that 81% of Filipinos surveyed have experienced mental health symptoms in the past six months, and majority of them are Filipino women. These symptoms include feelings of sadness, difficulty in sleeping and excessive worrying. In pursuit of our mission to support Filipinos' overall wellbeing and empower them to make healthier choices, this webinar aims to guide them further in overcoming challenges and harnessing their power to achieve their life goals," said Melissa Henson, Chief Marketing Officer, Manulife Philippines. "With Bea and Hidilyn at the forefront of this important conversation, we are confident that we can continue to advance diversity, equity and inclusion (DEI), promote more opportunities for women to thrive, and reinforce the important role that women play in building better and stronger communities."

Manulife's global DEI thrust includes supporting and promoting women empowerment and advancement in the workplace, while driving greater inclusion of various communities so everyone can truly belong. In 2020, the UN Women Asia-Pacific Women's Empowerment Principles (WEPs) recognized Manulife Philippines as one of the most gender-inclusive workplaces in the country.

Those interested in joining the webinar can register at manulife.pub/FilipinaInAction.

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About Manulife Philippines

The Manufacturers Life Insurance Company opened its doors for business in the Philippines in 1907. Since then, Manulife's Philippine Branch and later The Manufacturers Life Insurance Co. (Phils.), Inc. (Manulife Philippines) has become one of the country's leading life insurance companies. Manulife Philippines is a wholly-owned domestic subsidiary of Manulife Financial Corporation, among the world's largest life insurance companies by market capitalization. Learn more about Manulife Philippines by visiting their website www.manulife.com.ph and following them on Facebook (www.facebook.com/ManulifePH), Twitter (@ManulifePH), and Instagram (@manulifeph).

About Manulife

Manulife Financial Corporation is a leading international financial services provider that helps people make their decisions easier and lives better. With our global headquarters in Toronto, Canada, we provide financial advice and insurance, operating as Manulife across Canada, Asia, and Europe, and primarily as John Hancock in the United States. Through Manulife Investment Management, the global brand for our global wealth and asset management segment, we serve individuals, institutions and retirement plan members worldwide. Our principal operations are in Asia and Canada, and the United States, where we have served customers for more than 155 years. We trade as 'MFC' on the Toronto, New York, and the Philippine stock exchanges and under '945' in Hong Kong. In the previous 12 months we made CAD\$31.8 billion in payments to our customers. Not all offerings are available in all jurisdictions. For additional information, please visit manulife.com.

Media Contacts:**John Robert Sion**

Manulife Philippines

john_robert_sion@manulife.com

Dessa Virtusio

Virtusio PR International, Inc.

(+632) 631-9479

dessa@virtusio.com